



From the Principal's Desk:

Dear HSCS Families,

Today we begin the Lenten Season. The homily at Mass today reminded us that Lent is not necessarily about giving something up (like candy, electronics, or even homework), but rather about prayer, fasting and alms giving. The students will be bringing home their Rice Bowls today. We prayerfully ask that each family give alms to those in need.

Enrollment for the 2024 - 2025 school year is in full swing. Registration is online, and doesn't take more than 15 minutes per student. If you have any questions on the registration process, please do not hesitate to reach out to Jenifer Thomas, Admissions and Development Director. We will be opening up registration to new families tomorrow, 02/15.

Monday is Presidents' Day and there will be **no school**. I hope you all have a safe and restful long weekend!

Many Blessings ~
Melissa Hallahan

On the calendar

- 2/14 **Ash Wednesday**
8:30 AM Rosary & Mass
- 2/15 6:00 PM Advisory Board Meeting
- 2/19 **No School—Presidents Day**
- 2/21 7:00 AM MS Ski Trip
Mid-Term
- 2/23 8:30 AM Rosary & Mass
- 2/26 12:00 PM Dismissal
Parent/Teacher Conferences
H & S Butter Braids Start
- 2/27 2:30 PM Dismissal
- 2/28 7:00 AM MS Ski Trip
- 2/29 9:00 AM MS McLaughlin Labs Tour

Reflection of the week

Do You Want to Fast This Lent?
 Fast from hurting words... and say kind words.
 Fast from sadness...and be filled with gratitude.
 Fast from anger...and be filled with patience.
 Fast from pessimism...and be filled with hope.
 Fast from worries...and have trust in God.
 Fast from complaints...and contemplate simplicity.
 Fast from pressures...and be prayerful.
 Fast from bitterness...and fill your hearts with joy.
 Fast from selfishness...and be compassionate to others.
 Fast from grudges... and be reconciled.
 Fast from words...and be silent so you can listen.
 ~Pope Francis



February 23rd
Class Ministers for Mass
4th Grade



Feb. 19th
No School

A WEEK OF KINDNESS

February 12-16, 2024

A little bit of kindness can go a long way



M

Be KIND to your Family

Help a family member with a chore, make them a card, tell them how much they mean to you.

T

Be KIND to Others

Give a compliment to a new person, help a classmate with a problem, smile at everyone you pass by.

W

Be KIND to Yourself

Say self affirmations in the mirror, make a list of reasons why you are special, eat your favorite snacks.

T

Be KIND to Your Teacher

Send a message, make a video, or write a note to your teacher to say how much you appreciate them.

F

Be KIND to the Earth

Go for a walk and pick up trash, add some plants to your home, upcycle something old into something new.



I am
One of
a Kind





FAMILY MOVIE NIGHT

Friday, February 16th

6:00 PM

HSCS GYM

Concessions for sale: popcorn-candy-soda

Holy Spirit Catholic Parish Events

Monthly Knights of Columbus Breakfast

Every 3rd Sunday of the month the Knights of Columbus are serving breakfast after each Mass held at Holy Spirit Catholic Parish.



Join the Knights of Columbus for their Lenten Fish Fry Fridays:

February 23rd · March 8th · March 22nd

4:30-7:00pm

906 Central Ave W

Adults: \$15 and Children 6-12: \$10



Lenten Mission 2024 with
Bishop Emeritus Michael Warfel

"The Eucharist"
St. Ann's Cathedral
Great Falls, MT
February 26 – 28, 2024
5:30pm

The teaching of the Catholic Church on the Eucharist is that Christ is present body, blood, soul and divinity. According to a PEW Research survey, only 37% of regular Mass going Catholics accepted or understood this teaching even though it is solidly based on New Testament Scripture. All are invited to hear Bishop Warfel explain the Church's teaching on the Eucharist and renew their appreciation of how vital it is to faith.

Each evening begins with a celebration of the Mass followed by a light supper of soup and bread in the Annex, and then the presentation.

- | | |
|------------------------------|--|
| Monday, February 26, 2024 | Eucharist as Sacred Meal |
| Tuesday, February 27, 2024 | Eucharist as Sacred Sacrifice |
| Wednesday, February 28, 2024 | Becoming Eucharistic as the Body of Christ |

SAVE THE DATE



Speaker Chris Stefanick
Thursday, March 21, 2024
6:30 PM
The Ralph Nelles Center
Billings Central Catholic School
3 Broadwater Avenue, Billings, MT

Founder and president of Real Life Catholic and recipient of the Papal Benemerenti Medal, Archbishop Charles J. Chaput calls Chris “one of the most engaging defenders of the Christian faith on the scene today.” Chris’ live seminars reach more than 85,000 people per year. His reality TV show, videos, and radio spots reach millions of people, and his educational initiatives are turning the tide in the Church. He authored the Chosen Confirmation program which has already formed more than 500,000 teens.

Brought to you by Billings Catholic Schools

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
|  |  |  | <p>Milk 1 Sausage Biscuit Applesauce Cup</p> | <p>Milk 2 Breakfast Bar Fruit</p> |
| <p>Milk 5 Goldfish Cheese Stick Fruit</p> | <p>Milk 6 Pancake on a Stick Fruit</p> | <p>Milk 7 Cinnamon Roll Fruit</p> | <p>Milk 8 Sausage Biscuit Applesauce Cup</p> | <p>Milk 9 Breakfast Bar Fruit</p> |
| <p>Milk 12 Go-Gurt Scooby Snack Fruit</p> | <p>Milk 13 Blueberry Muffin Fruit</p> | <p>Milk 14 Maple Bar Fruit</p> | <p>Milk 15 Sausage Biscuit Applesauce Cup</p> | <p>Milk 16 Breakfast Bar Fruit</p> |
| <p>Milk 19 Goldfish Cheese Stick Fruit</p> | <p>Milk 20 Pancake on a Stick Fruit</p> | <p>Milk 21 Cinnamon Roll Fruit</p> | <p>Milk 22 Sausage Biscuit Applesauce Cup</p> | <p>Milk 23 Breakfast Bar Fruit</p> |
| <p>Milk 26 Go-Gurt Scooby Snack Fruit</p> | <p>Milk 27 Cranberry Oatmeal Muffin Fruit</p> | <p>Milk 28 Maple Bar Fruit</p> | <p>Milk 29 Sausage Biscuit Applesauce Cup</p> |  |

Breakfast is served from 8:00 – 8:15.



LUNCH

FEBRUARY 2024

Holy Spirit Catholic School

Menu Subject to Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| | | | 1 Beef Hard Shell Tacos, Salad w/ Mexican Ranch, Fruit, Milk | 2 Grilled Hot Dog, Chips, Carrot Sticks, Fruit, Milk |
| 5 Meatball Sub, Romaine Salad, Fruit, Milk | 6 Chicken Veg Soup, Turkey Ranch Wrap, Veggies, Fruit, Milk | 7 Chicken Nuggets, Mash Potatoes & Gravy, Fruit, Milk | 8 Sloppy Joe, French Fries, Fruit, Milk | 9 Grilled Cheese Sand, Tomato Soup, Veggies, Fruit, Milk |
| 12 Diced Chicken Gravy, Mashed Potatoes, Green Beans, Fruit, Milk | 13 Spaghetti w/ Meat Sauce, Garlic Toast, Salad, Fruit, Milk | 14 Potato Soup, Pretzel w/ Cheese, Fruit, Milk | 15 Hamburger or Cheese- burger, Baked Beans, Fruit, Milk | 16 Fish Sticks, Mac and Cheese, Veg, Fruit, Milk |
| 19 No School | 20 Shredded Pork Enchiladas, Spanish Rice, Veg, Fruit, Milk | 21 French Toast Bake, Sausage Links, Juice, Fruit, Milk | 22 Cheese or Pepperoni Pizza, Romaine Salad, Fruit, Milk | 23 Tuna Noodle Casserole, Roll, Veg, Fruit, Milk |
| 26 No Lunch Half Day | 27 Baked Potato Bar, Broccoli w/ Cheese, Bacon, Cheddar Cheese & Sour Cream, Roll, Fruit, Milk | 28 Chicken Noodle Soup, Cheese Pretzel Bun, Veg, Fruit, Milk | 29 Meatloaf, Mashed Potatoes & Gravy, Corn, Fruit, Milk |  |

Main entrée item can be substituted for a PB & J or ham & cheese sandwich.

Family members are welcome to eat lunch for \$5. Please place your order by 8:30 AM on the day you will be joining us.